

LES KM DE CHANDO VERTICAL RACE

IN MEMORIAM DAVID SALAMIN

RACE REGULATIONS

Anniviers, August 2026

ARTICLE 1 – ORGANIZATION

The sports event “LES KM DE CHANDO” is organized by the Organizing Committee (OC), established as a non-profit association under Articles 60 et seq. of the Swiss Civil Code.

ARTICLE 2 – RACES

The competition is a mountain trail running race taking place in a natural environment, mostly following hiking trails leading up to a maximum altitude of 2,716m (summit of the Illhorn), for which each participant takes full responsibility.

4 courses are offered:

- Single KM (Short course): La Rèche → Illhorn (1000m D+)
- Double KM (Long course): STEP (Fang) → Illhorn (2000m D+)
- Relay: STEP (Fang) → Illhorn, with exchange zone at La Rèche (2x1000m D+)
- Kids Vertical (Children's race): loop in the village of Chandolin (100m D+)

The races take place in a single stage, at a free pace and within the time limit cut-offs (see Article 13). Start times are published on the race website.

ARTICLE 3 – ENVIRONMENT

The race passes through sensitive or protected natural areas (landscapes of national importance).

It is therefore strictly forbidden to leave marked trails or cut switchbacks/bends (a factor causing erosion and disturbance to wildlife).

Littering (energy bar wrappers, tissues, etc.) anywhere along the route is prohibited.

Sanction: Failure to comply with these rules will result in immediate disqualification of the competitor.

ARTICLE 4 – CONDITIONS OF PARTICIPATION

The Kid's Vertical courses are open to any child aged 2 to 14, licensed or non-licensed.

The Vertical KM and Two-Person Relay courses are open to anyone, male or female, aged 13 and over, licensed or non-licensed.

The Double KM course is open to anyone, male or female, aged 20 and over, licensed or non-licensed.

Each participant undertakes to have sufficient training and to be in a physical condition allowing them to complete the event for which they are registered. Participation in “LES KM DE CHANDO” implies unreserved acceptance of these regulations and race ethics.

ARTICLE 5 – CATEGORIES

Vertical KM = Juniors and Open (Populaires)

- Juniors: 13 to 19 years old
- Open (Populaires): 20 to 99 years old

Double KM

- Elite: 20 to 39 years old
- Veterans: 40 to 99 years old

Two-Person Relay

- Mixed, Men, Women: 13 to 99 years old

Kids Vertical

- Children: 2 to 14 years old

It is strictly forbidden for the junior categories to start the long course!

ARTICLE 6 – REGISTRATION

Registrations can be made online via the website www.kmdc.ch and through the timing platform mso.swiss.

Each registration method involves transaction and security fees. Choose the payment method that suits you best. Online registrations are open until the Wednesday midnight prior to the race.

By registering, each participant accepts these regulations without reservation. Advance registration fees are CHF 50.- for the long course, CHF 40.- for the short course, and CHF 45.- per person for the relay race. The children's race is free.

The registration fee includes a meal, shower, massage, transport to the start area, return to the parking area, chairlift descent for the long course, as well as souvenir prizes for every participant.

ARTICLE 7 – CANCELLATION OF REGISTRATION

Race registration is final. Cancellation of registration and refunds are not possible. At the time of registration, an optional cancellation insurance is offered. In case of accident or illness, this insurance will refund the registration fee.

If, due to force majeure, the race has to be cancelled, the organization will not refund registration fees.

ARTICLE 8 – BIB DISTRIBUTION

Bib collection will take place on Saturday morning:

- From 7:00 AM to 8:30 AM (for all categories), in Vissoie, at the school center cafeteria (cantine du centre scolaire);
- From 9:15 AM to 10:15 AM (for Open and Junior categories of the Single KM), in Chandolin, at the Tsapé chairlift parking lot;
- From 12:00 PM to 1:30 PM (for children), in Chandolin, at the race office located on the festival ground (place de fête) in Chandolin.

Each bib is handed over individually to each runner upon presentation of a photo ID. Invited runners must announce themselves.

The bib must be worn on the chest or abdomen and remain visible in its entirety at all times throughout the race. It must always be positioned over any clothing and must never be attached to a bag or a leg. Partner names and logos must not be altered or covered.

Timing is conducted via an electronic chip provided by MSO-Chrono. The chip is attached to the bib and must not be removed. It is disposable.

Parking or driving to La Rèche as well as the Step start location is strictly prohibited. Runners must imperatively pick up their bibs in Vissoie or Chandolin.

A gift is handed to each runner when receiving their bib.

ARTICLE 9 – EQUIPMENT

Highly recommended: Drinks, gloves, warm clothing in case of bad weather conditions, cap or bandana, and sunglasses.

Trekking poles are allowed but must be kept from start to finish throughout the race. Various checks will be carried out at the start areas as well as at the different finish lines.

Mandatory: Personal cup for aid stations (see item 11).

ARTICLE 10 – RUNNERS' BAGS – TRANSPORT

Each competitor may drop off a bag containing items of their choice at the different start locations.

Bags will be returned in the communal hall on the Chandolin festival ground (place de fête). Since the contents of the bags are not checked, no claims regarding the contents will be accepted at the finish line. It is recommended not to place valuable objects inside.

All competitors head to Vissoie or Chandolin, depending on their category, where parking facilities are available. Bib distribution takes place in Vissoie at the School Center cafeteria and in Chandolin at the Tsapé chairlift parking lot.

Next, a shuttle bus service transports runners to the Step for the Double KM and Relay. Single KM runners and the 2nd runner of the Relay walk from the Tsapé parking lot to the La Rèche start area (allow approx. 15–20 minutes to reach the start).

Upon arrival at the Illhorn finish line, runners can ride back down to the village of Chandolin via the chairlift open on that day.

From Chandolin, regular shuttle services are scheduled to bring participants back to Vissoie (standard Postal Bus schedules).

ARTICLE 11 – REFRESHMENT STATIONS (AID STATIONS)

The race operates under the principle of individual semi-autonomy. Refreshment stations supplied with food and drinks are provided:

- Long course: 2 solid & liquid stations (La Rèche and Cabane Illhorn)
- Short course: 1 solid & liquid station (La Rèche)

Unauthorized assistance (wild aid): Receiving any assistance or supplies outside official stations is strictly prohibited and will lead to disqualification.

ARTICLE 12 – ACCOMPANYING PERSONS AND ANIMALS

Bicycles, mountain bikes, or motorized vehicles are strictly forbidden on the course. Personal individual assistance outside official aid station zones is prohibited, as is pacing/accompanying on the course. Running with a dog, even on a leash, is forbidden.

Accompanying persons are forbidden from driving on alpine roads using cars or motorized vehicles.

ARTICLE 13 – CUT-OFF TIMES – RACE INTERRUPTION

The maximum allowed race time is 3h30 for the long course and 2h30 for the course up to Chandolin. The closing time for the finish line at the Illhorn is set at 1:00 PM. Any competitor wishing to continue the race past the cut-off time may only do so after handing in their bib, under their own responsibility and in full autonomy.

In case of bad weather conditions or for safety reasons, the organization reserves the right to halt the race in progress and/or modify the route and/or adjust cut-off times.

ARTICLE 14 – WITHDRAWAL AND REPATRIATION

In case of withdrawal not caused by injury, the competitor must imperatively notify the person in charge of the nearest aid station or checkpoint and hand in their bib. They must return to the village of Chandolin by their own means.

When aid stations close, the organization may, subject to available resources, repatriate runners who have withdrawn and are still at the station.

In event of adverse weather conditions justifying a partial or total cancellation of the race, the organization ensures the repatriation of stopped runners as quickly as possible from the aid stations.

ARTICLE 15 – MEDICAL ASSISTANCE – SAFETY

Safety posts will be set up at several points along the course. These posts will be in radio contact with Race HQ. Samaritan first-aid teams will be present throughout the event. They will be able to intervene on the course within reasonable delays and, if necessary, call upon Air Glacier.

Medical staff are authorized to remove bibs and disqualify any competitor unfit to continue the race.

ARTICLE 16 – RANKINGS AND AWARDS

The top 3 overall finishers of each course as well as the winner of each category will receive awards. A special prize will be awarded to the top team of each course (cumulated time of the best 3 runners).

ARTICLE 17 – DISQUALIFICATION – PENALTIES

Competitors refusing to comply with these regulations will be disqualified, notably for:

- Missing or falsified bib;
- Late arrival at the start of the competition;
- Any infraction against these regulations;
- Environmental pollution or degradation of visited sites (cutting trails, littering);
- Refusal to be examined by medical personnel.

Anyone not possessing mandatory equipment specified in Article 9 will receive a minimum 15-minute penalty, a start ban, or disqualification.

Anyone wishing to file a protest must do so in writing upon arrival to the Race Committee.

ARTICLE 18 – AFTER-RACE

A post-race meal, included in the registration fee for runners, is organized at the finish area in the center of Chandolin village. Non-runners can purchase meals according to the established price list.

ARTICLE 19 – DATA PROTECTION

By registering, the competitor authorizes the organizer to publish their surname, first name, birth year, residence, bib number, race time, and ranking in registration and result lists. This authorization extends to media broadcast (print and digital) and announcements made by speakers during the event.

This authorization also applies to participants registered by a third party.

Photographs, videos, and recordings taken during the event may be used by the organizer for informational, communication, promotional, or archiving purposes, on any printed, digital, or audiovisual medium. Participants cannot claim any remuneration or compensation for this.

Unless explicitly opposed by the participant and in compliance with applicable data protection legislation, certain registration information may be transmitted to official event partners exclusively for event promotion and development.

ARTICLE 20 – CIVIL LIABILITY INSURANCE

The organizer holds a civil liability insurance policy for the duration of the event. This insurance covers the financial consequences of its civil liability as well as that of its staff and participants.

Each competitor must hold personal accident insurance covering search, rescue, and evacuation costs. Such insurance can be freely taken out with an organization of their choice.

The Organizing Committee reserves the right to modify the course, postpone, or cancel the event in case of adverse weather conditions or any other situation endangering the safety of participants, volunteers, or the public.

Warning: In Switzerland, search, rescue operations, and helicopter evacuations can incur substantial costs that are not systematically covered by basic health insurance. Each participant is responsible for checking their insurance coverage.

ARTICLE 21 – ANTI-DOPING

By registering and participating in this competition, athletes submit to Swiss Olympic anti-doping rules and acknowledge the exclusive competence of the Disciplinary Chamber for doping cases as well as that of the Court of Arbitration for Sport (CAS) in Lausanne, to the exclusion of any other court. They also assume the consequences resulting from any violation of these provisions, including disciplinary sanctions and procedures.

Location and Date

Anniviers, August 2026

For the Organizing Committee

Mélanie Siggen-Beney
President of the OC